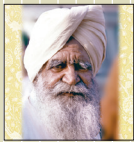




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SCIENCE OF SPIRITUALITY



*focus*

● MAY/JUNE 2010

● VOL 21 NOS 5 & 6

## Inauguration of a new Science of Spirituality center, Richmond, British Columbia

### TOURS AND ACTIVITIES OF



**H. H. SANT  
RAJINDER  
SINGH JI  
MAHARAJ**



**DURING A TRIP TO THE VANCOUVER AREA, H.H. SANT** Rajinder Singh Ji Maharaj inaugurated the Science of Spirituality Meditation and Ecology Centre in Richmond, British Columbia, on April 11. "We've been eagerly awaiting this day," said a local resident. "The Master's last visit to this area was in 2003, and since that time we've been working hard to bring our vision of a satsang center into reality."

After cutting a ribbon at the threshold of the property, Maharaj Ji and family toured the center's facilities, organic gardens, and orchard. Speaking in a large tent, he congratulated those present on the center's beauty and praised the work that had culminated into a meeting place where one can develop physically, mentally, and spiritually.

He spoke about the different areas of the center and how they contribute to the ecology of a human being. By growing and preparing organic foods, we nourish our body; through the children's facilities, we nurture our future; by making use of the Ecology of the Soul Library, we gain knowledge about truth at a mental level; and in the satsang hall we develop spiritual awareness through meditation and the remembrance of God.



*Blessing a delicious vegetarian meal.*



*Satsang in the new center.*

# MEDITATION CENTERS IN NORTH AMERICA

Meditation meetings are held throughout the USA and Canada. In addition, seven centers offer special programs, workshops, and classes.

## ○ | NAPERVILLE, IL

National headquarters located 30 miles west of Chicago. Call 630.955.1200; info@sos.org. En español: 800.940.0767

## ○ | AMITYVILLE, NY

On the south side of Long Island. 631.691.7100; NYInfo@sos.org.

## ○ | BIRCH BAY, WA

Near Blaine. Call 360.371.5560; SKMCBirchBay@sos.org.

## ○ | BOWLING GREEN, VA

Located north of Richmond. Call 804.633.9987; skmcbg@sos.org.

## ○ | LAKE MARY, FL

Outside Orlando. Call 407.549.3398; dougk@sos.org.

## ○ | MASCOCHE, QU; CANADA

Located near Montreal. Call 514.324.3993; RonaldL@sos.org.

## ○ | RICHMOND, BC; CANADA

Near Vancouver. Call 604.530.0589; JudyB@sos.org; ArranS@sos.org.

## ○ | SHEFFIELD, ON; CANADA

West of Toronto. Call 647-430-3335; TriciaM@sos.org.

May 30 marked the 21st death anniversary of Sant Darshan Singh Ji Maharaj, the great twentieth century poet-saint of India, and many thousands gathered at Kirpal Bagh in Delhi to honor him.

## Remembering

# Sant Darshan Singh Ji Maharaj

SANT RAJINDER SINGH JI MAHARAJ, ALONG WITH MATA RITA JI AND MATA HARBHAJAN KAUR JI, FLEW TO DELHI on May 28 for the bhandara celebration held in honor of Sant Darshan Singh Ji Maharaj (1921-1989). On arrival, Maharaj Ji addressed thousands of people assembled in the scorching heat. In his talk, he said that the true purpose of human life is to attain merger of our soul with God. All things that take us away from God are unhealthy for our soul, and all things that take us toward God help our soul achieve this spiritual goal.

Expressing his joy to be back in Delhi, he said that remembering the Gracious Master and his teachings provides us with a unique opportunity to move Godward and understand our true purpose in life.

On May 29, Sant Rajinder Singh Ji Maharaj walked through the aisles of the crowd in attendance. This event coincided with the summer holidays in India, allowing for an exceptionally large attendance

of visitors from all around the country.

During his key address, Maharaj Ji pointed out that the Gracious Master traveled all over the world, bringing seekers to the path of Sant Mat and the practice of

Surat Shabd Yoga. Those who met him even for a moment never forgot him—he was the epitome of love, compassion, and grace. Through his spiritual discourses, tours, conferences, meetings with social, civic, and religious leaders, as well as through his writings and sublime poetry, he touched the hearts and souls of all who came in contact with him.

Maharaj Ji said that just as a prism reflects the rays of the sun to create the various colors of the rainbow, Sant Darshan Singh Ji Maharaj reflected God's light and love to the world. The audience was encouraged to follow in the footsteps of this revered poet-saint, cultivate his teachings in their lives, and devote regular time to their spiritual practices.



*“Those who met him even for a moment never forgot him—he was the epitome of love, compassion, and grace.”*

## ON THE BLESSINGS OF A SPIRITUAL MASTER

*You have awakened wave after wave of intoxicating love in our hearts;  
Where there were once thorns, you made flowers bloom.*

—Sant Darshan Singh Ji Maharaj

## Highlights from June programs in Delhi

These are a few of the many spiritual gems shared during June satsangs and question and answer sessions held at Kirpal Bagh.



A question was asked about the grief of separation experienced by the soul at the time of death. Maharaj Ji said every soul has its own personal experience upon death determined by the progress made during the soul's sojourn in the human body. Those who meditate and focus on their spiritual progress during their lifetime will move swiftly and with ease toward freedom from all earthly shackles.

Someone requested an explanation of a verse by the poet Khwaja Hafiz:

*Man has been tied hand and foot to a plank and tossed on a stormy sea with the injunction that he must not allow a drop of water to wet his garments.*

The spiritual Master explained we are caught in the web of illusion, slave to the senses and the mind. We have the gift of free will and are given the freedom to choose between God's will or our own will. We can use this free will to help us escape worldly enticements. If we devote regular time for meditation, material attractions will lose their power to lure us away from God.

Sant Rajinder Singh Ji Maharaj said that the attainment of all the material wealth of this world cannot bring us any closer to God. Material achievements fail to provide the solace to the soul that can be had only when we come in contact with the divine Light and Sound of God. Though there will always be ups and downs in life, these experiences are all momentary and transient. He told everyone to look within to find true everlasting peace and joy that will remain even after we leave this physical world.

Speaking of the absence of patience in this day and age, Maharaj Ji advised everyone to practice this priceless virtue not only in everyday life but also during meditation. He said we must strive not to expect miraculous or instantaneous results while meditating but must instead wait patiently and lovingly for God's grace to be showered upon us. God knows what is best for us and will give us that which is for our highest wellbeing.



# 5 WEBSITES TO CONNECT YOU

You can now download full discourses by Sant Rajinder Singh Ji, order books and DVDs, read news accounts of his activities, and check upcoming schedules online.

○ | [www.sos.org](http://www.sos.org)

This is the public website for Science of Spirituality. Learn more about the teachings, publications, activities, FAQs, vegetarian recipes, and more.

○ | [www.sos.org/spanish](http://www.sos.org/spanish)

North and South America: en español

○ | <http://skrm.sos.org>

This site focuses on activities in India and is published in English and Hindi.

○ | [www.jyotimeditation.org](http://www.jyotimeditation.org)

Daily webcasts are available: WMV (Windows Media) MP4 (video for iPods) MP3 (audio for iPods and MP3 players)

Archives of full discourses are also available.

○ | <http://sangat.sos.org>

Website for members of Science of Spirituality. Log-in required.

Photos provided by SK Photo Service: [skphotoservice@sos.org](mailto:skphotoservice@sos.org)

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ON PROGRAMS AND TOUR  
ACTIVITIES OF SANT RAJINDER  
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## A Special Satsang on Father's Day



during Sunday satsang on June 20, Sant Rajinder Singh Ji Maharaj explored the role of fathers in our lives, both physical and spiritual. He began by wishing everyone a happy

Father's Day, a day to give thanks to all generations of fathers for their love, generosity, kindness, and sacrifice on behalf of their children. Just as a father wishes only the very best for his children, God too wishes only the very best for us, he said. Therefore, we must strive to develop faith in all that life brings our way, knowing that the protective hand of the Lord is always with us, even in our darkest hour.

Illustrating the protective role of the Universal Father, Maharaj Ji spoke of the planet Jupiter, whose sheer mass and gravitational pull allows it to deflect and absorb most meteors that would otherwise impact earth; this protective role of Jupiter in the celestial

skies has earned it its Latin name, which translates as "sky father."

Saints and mystics, he continued, come to remind us of the protective web that God weaves around each of us. They tell us of God's love and encourage us to inculcate godly virtues in our own lives. Through their guidance we learn to sit in silence and turn our attention within. By doing so, we realize our true nature, our life's purpose, and we begin to feel a sense of connectedness to one another, as children of one Universal Father.

Following this discourse, Maharaj Ji spoke in Hindi for the benefit of the sangat in India and abroad who were tuned into this broadcast. He then placed the worldwide audience into meditation.



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