



MEDITATION CENTER HONORS KAY CATALDO

Friends and family from throughout the Mid-Atlantic and Tri-State Area gathered together on April 7th to honor the sweet memory of Kay Cataldo who died on March 2, 2013, in Richmond, VA. She was director of Sawan Kirpal Meditation Center for over 30 years. During that time, the Center grew from a place that hosted small events of 20 – 30 people to one where over a thousand people now attend large celebrations in honor of the Masters.

Her clear thinking, sparkling humor, and practical approach to solving problems made her a beloved figure at the Center.

Over one hundred people honored her life with stories of humor, respect, and above all love. She touched the lives of not only the satsangi community but also so many more with whom she came in contact. The room was filled with smiles and tears at the poignant remembrances of her indomitable spirit.

The memorial for Kay began with a message from H.H. Sant Rajinder Singh Ji Maharaj. Maharaj Ji conveyed his blessings and his happiness that a memorial in honor of Kay was taking place.

He called her “one of the stalwarts of the mission of the great Masters.” Conveying his deepest sympathies and condolences to her family Master said, “You can take comfort in knowing that she lived a life rich in service to her husband, and to all of you, and to the family

of the Masters, and that now with her work in this world completed, she is enjoying the bliss and joy in the beyond.”

Kay’s granddaughter, Kaylin, read out a poem that Kay often read at other memorials. She read it with simplicity and sincerity. Other stories recounted her patience, love, and the

unique ability to listen to others. After the service, friends and family planted a cherry tree in her honor.

All of us who knew Kay will remember her special touch and her dedication to this beautiful and unique place. ☺









KAY'S BIO

BY FRANCIE CATALDO WILEY

My mother, Catherine "Kay" Cataldo, was born in Cincinnati, Ohio on July 24, 1924, the only child of John and Mabel Drieborg of Grand Rapids, Michigan. During her childhood, the family moved around the Midwest as my grandfather was a general manager for Swift and Co. During those years, she attended Catholic schools and later went to a Jesuit college, the University of Detroit, for five years. After college she worked for a family doctor as a medical receptionist.

My grandfather passed away when my Mom was in her mid-20s, and she continued to live with my grandmother until her death about ten years later. Mom then sold the home that she had lived in with her mother

and moved to an apartment in Detroit. While at the apartment's pool, she met an eligible bachelor named Jim Cataldo. They married in 1965 and moved to Pompano Beach, Florida.

It was in Florida where my Dad learned about Sant Kirpal Singh Ji Maharaj and immediately was under the spell of the Masters. Mom, being a dutiful wife and with a baby on the way, went along with the vegetarianism and initiation. On October 19, 1968, less than two weeks after I was born, she received holy initiation.

In 1976, the Center in Bowling Green, known then as the Unity of Man Center, needed a manager/director. Jamie and Martha Smith were

managing the Center at that time, but they were planning to move to India. Jim Cataldo's name was mentioned, and he jumped at the offer. The Cataldo family moved to Bowling Green in November 1976.

The transition from Florida to rural Bowling Green was difficult for my Mom but she persevered. While my Dad was busy with building plans and construction for the Center, overseeing Sawan Kirpal Publications, and sending out the Sat Sandesh, Mom remained in the background doing her quiet seva – maintaining the guesthouse and keeping up the grounds.

My Dad's time as director came to an end when he left the body December 1, 1982. Shortly thereafter,

Master Darshan appointed Mom as director of the Center as well as a group leader, and gave her the authorization to read instructions for initiation. At first, she was overwhelmed and not really comfortable with these duties, but accepted them as a great gift and performed them with 100% dedication.

As the years passed, her love for the Masters and the



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Mission grew and grew. She was steadfast in her responsibilities with the daily operations and maintenance of the buildings and grounds, sending out the Sat Sandesh until it was moved to Chicago, and preparing for tour stops, summer camps, retreats and special functions. Her most recent excitement regarding the Center was the new site plan. Plans are going forth for a new meditation building, repur-

posing some of the existing buildings, and reorganizing the layout of the grounds.

Aside from being a dedicated sevadar my Mom was an extremely devoted mother and grandmother. She cherished spending time with her family, and took many trips with them. She also loved going on tour stops with the Master and to Chicago where she could spend time with

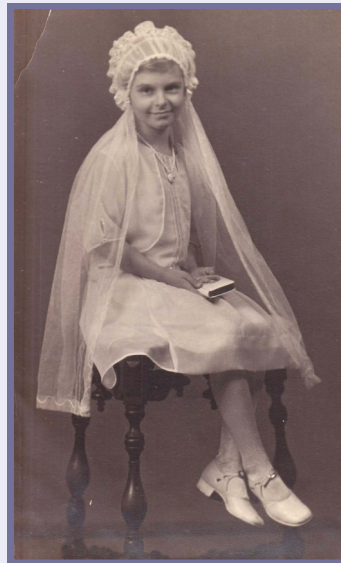
her satsangi family. She thoroughly enjoyed the hustle and bustle at the Center during the Master's visits and summer camp, but also relished the peace and serenity when everyone was gone.

Throughout her life, Mom always had a purpose and a focus. This is what kept her active and vibrant to the end. Above all, she

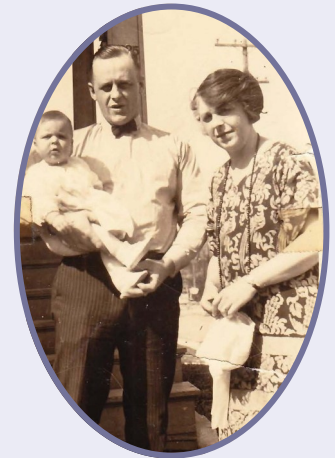
was so very grateful – grateful for the Master's protection and love, grateful for the work, grateful for her family, and grateful for her wonderful friends. My family, Novey, Kaylin, Nigel and I, will always be grateful for the heartfelt tributes to my Mom. ☺



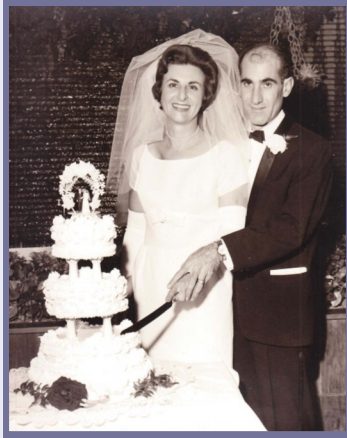
AS A YOUNG GIRL



FIRST COMMUNION



KAY AND HER PARENTS



KAY & JIM'S WEDDING



IN FLORIDA



FRANCIE & NOVEY'S WEDDING



KAY, FRANCIE, KAYLIN & NIGEL



The Beloved will take us in His strong and loving embrace, and carry us with Him to the lap of God.

His Holiness Sant Rajinder Singh Ji Maharaj



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Sawan Kirpal Meditation Center is operated by the Science of Spirituality. Science of Spirituality is a global, not-for-profit spiritual organization under the leadership of His Holiness Sant Rajinder Singh Ji Maharaj. We are hundreds of thousands of people of all nationalities, races and faiths deeply committed to a spiritual way of life based on meditation, service to others, and personal transformation. Science of Spirituality international headquarters is in Delhi, India and the North American headquarters is in Naperville, Illinois, USA.

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